

AANHPI New Yorkers Together for Mental Health

The NYC Health Department Commits \$20 Million To AANHPI Mental Health Efforts

Background

Approximately 1 million New Yorkers identify as AANHPI (Asian American, Native Hawaiian or Pacific Islander), representing about 14% of the city's population. AANHPI New Yorkers are among the fastest-growing racial group in NYC, comprising more than 30 different ethnic groups and speaking more than 50 languages.¹ The mental health of the AANHPI community is an area of growing concern:

- Suicide is the fourth leading cause of premature death among Asian and Pacific Islander New Yorkers.²
- Although the proportion of AANHPI adults in NYC who report probable depression is not significantly different from white adults (12.9% compared to 10.7%), AANHPI adults are the least likely racialized group to seek treatment.³

Purpose

The NYC Health Department understands that community-based organizations require multiyear, flexible funding to expand their reach in support of NYC communities. Therefore, the NYC Health Department will commit up to \$20

¹ Health of Asians and Pacific Islanders in New York City (available at on.nyc.gov/4dLXRSB)

² Summary of Vital Statistics 2021 (available at on.nyc.gov/vital-stats-2021)

³ NYC Community Health Survey, 2022 (available at nyc.gov/site/doh/data/data-sets/community-health-survey.page)

million in funding over the next three years to support AANHPI-serving organizations with growing mental health services.

Goals

The NYC Health Department is prepared to allocate funding to community-based organizations that can successfully expand mental health services to the AANHPI community in NYC, broaden their reach and address at least one of four areas of focus:

- 1. Stigma-busting and education:** Expand the reach and availability of culturally competent education that addresses the stigma around mental health services in the AANHPI community.
- 2. Access to care and workforce support:** Increase access to mental health care in the AANHPI community and bolster the workforce that delivers these services.
- 3. Digital literacy and technology:** Strengthen digital literacy (the ability to find and interpret information on digital platforms) and partnerships to use technology to support mental health.
- 4. Data, research and evaluation:** Improve the tracking, data usage and evaluation of mental health initiatives in the AANHPI community.

Submit Your Response to Our Request for Information

Through the Research Foundation for Mental Hygiene, the NYC Health Department has issued a request for information (RFI) to gather content for crafting a request for proposal (RFP) to expand access to mental health services and supports for AANHPI communities.

All responses to the RFI should be submitted in a Microsoft Word document to contracts@rfmh.org by Friday, September 20, 2024, at noon.

For more information, visit corporate.rfmh.org and select [Grants Administration](#).

To view the RFI in full, visit bit.ly/aanhpi-rfi.