

Research Foundation for Mental Hygiene, Inc
Health, Dental and Vision Insurance Rates
January 1, 2020 to December 31, 2020

Employee Share	Plan #		Monthly	Biweekly Employee Share						
			Full Share	Below \$30,000	\$30,000 to \$39,999	\$40,000 to \$49,999	\$50,000 to \$62,499	\$62,500 to \$74,999	\$75,000 to \$99,999	\$100,000 and Over
Empire Plan	001	Ind	\$ 810.21	\$ 25.60	\$ 31.60	\$ 43.40	\$ 57.50	\$ 66.40	\$ 81.50	\$ 88.00
		Fam	\$ 2,031.92	\$ 96.10	\$ 104.30	\$ 146.20	\$ 175.60	\$ 225.40	\$ 254.00	\$ 276.60
Blue Choice	066	Ind	\$ 738.72	\$ 22.40	\$ 27.80	\$ 37.10	\$ 49.10	\$ 57.40	\$ 70.50	\$ 75.30
		Fam	\$ 1,822.03	\$ 86.00	\$ 93.60	\$ 126.30	\$ 150.50	\$ 193.20	\$ 218.50	\$ 237.80
BC/BS of Western NY	067	Ind	\$ 686.13	\$ 22.00	\$ 27.20	\$ 39.00	\$ 51.30	\$ 58.30	\$ 73.30	\$ 76.70
		Fam	\$ 1,687.81	\$ 87.10	\$ 94.70	\$ 133.10	\$ 159.50	\$ 204.10	\$ 230.50	\$ 250.90
CDPHP (Capital)	063	Ind	\$ 775.24	\$ 24.40	\$ 29.70	\$ 37.70	\$ 50.40	\$ 58.40	\$ 72.20	\$ 76.60
		Fam	\$ 1,894.13	\$ 91.90	\$ 99.60	\$ 129.40	\$ 155.10	\$ 197.50	\$ 223.50	\$ 244.60
CDPHP (Central)	300	Ind	\$ 859.53	\$ 28.90	\$ 35.30	\$ 50.90	\$ 63.40	\$ 72.00	\$ 87.30	\$ 93.40
		Fam	\$ 2,051.04	\$ 92.00	\$ 99.60	\$ 141.30	\$ 169.20	\$ 216.80	\$ 245.00	\$ 268.30
CDPHP (Hudson Valley)	310	Ind	\$ 957.41	\$ 70.50	\$ 75.60	\$ 93.00	\$ 105.70	\$ 115.30	\$ 129.30	\$ 133.90
		Fam	\$ 2,349.56	\$ 187.00	\$ 195.50	\$ 246.00	\$ 273.60	\$ 320.60	\$ 348.00	\$ 369.80
HIP (Downstate)	050	Ind	\$ 1,014.65	\$ 70.50	\$ 75.60	\$ 93.00	\$ 105.70	\$ 115.30	\$ 129.30	\$ 133.90
		Fam	\$ 2,444.43	\$ 187.00	\$ 195.50	\$ 246.00	\$ 273.60	\$ 320.60	\$ 348.00	\$ 369.80
HIP (Capital)	220	Ind	\$ 1,152.81	\$ 79.20	\$ 85.50	\$ 110.00	\$ 123.80	\$ 132.60	\$ 147.50	\$ 153.80
		Fam	\$ 2,782.92	\$ 208.40	\$ 216.80	\$ 285.60	\$ 314.70	\$ 363.40	\$ 393.50	\$ 416.20
HIP (Hudson Valley)	350	Ind	\$ 1,152.81	\$ 79.20	\$ 85.50	\$ 110.20	\$ 123.80	\$ 132.60	\$ 147.50	\$ 153.80
		Fam	\$ 2,782.92	\$ 208.40	\$ 216.80	\$ 285.60	\$ 314.70	\$ 363.40	\$ 393.50	\$ 416.20

Research Foundation for Mental Hygiene, Inc
Health, Dental and Vision Insurance Rates
January 1, 2020 to December 31, 2020

Employee Share	Plan #		Monthly	Biweekly Employee Share						
			Full Share	Below \$30,000	\$30,000 to \$39,999	\$40,000 to \$49,999	\$50,000 to \$62,499	\$62,500 to \$74,999	\$75,000 to \$99,999	\$100,000 and Over
HMOBlue (Central NY)	072	Ind	\$ 819.50	\$ 65.30	\$ 70.50	\$ 64.80	\$ 74.40	\$ 80.60	\$ 92.00	\$ 95.40
		Fam	\$ 1,993.76	\$ 179.70	\$ 188.20	\$ 176.00	\$ 196.20	\$ 230.20	\$ 251.80	\$ 267.70
HMOBlue (Utica Region)	160	Ind	\$ 702.80	\$ 83.50	\$ 89.70	\$ 105.90	\$ 119.30	\$ 127.60	\$ 141.50	\$ 145.90
		Fam	\$ 1,779.60	\$ 267.40	\$ 275.40	\$ 327.70	\$ 353.40	\$ 395.70	\$ 422.40	\$ 442.40
Independent Health	059	Ind	\$ 679.47	\$ 23.50	\$ 28.90	\$ 36.90	\$ 48.40	\$ 56.40	\$ 69.00	\$ 73.80
		Fam	\$ 1,656.30	\$ 87.50	\$ 95.20	\$ 121.20	\$ 145.30	\$ 185.20	\$ 209.00	\$ 228.70
MVP (Rochester)	058	Ind	\$ 749.66	\$ 22.50	\$ 27.80	\$ 38.60	\$ 50.90	\$ 58.40	\$ 71.80	\$ 76.80
		Fam	\$ 1,725.33	\$ 79.60	\$ 86.10	\$ 119.90	\$ 143.30	\$ 183.70	\$ 209.00	\$ 227.80
MVP (East)	060	Ind	\$ 771.00	\$ 22.40	\$ 27.80	\$ 39.20	\$ 51.80	\$ 60.90	\$ 74.80	\$ 79.80
		Fam	\$ 1,776.68	\$ 80.90	\$ 87.50	\$ 125.70	\$ 150.30	\$ 191.40	\$ 216.50	\$ 236.70
MVP (Central)	330	Ind	\$ 876.01	\$ 31.70	\$ 37.00	\$ 52.10	\$ 65.90	\$ 74.90	\$ 91.30	\$ 96.50
		Fam	\$ 2,031.28	\$ 91.50	\$ 99.10	\$ 144.00	\$ 172.60	\$ 221.10	\$ 251.00	\$ 273.30
MVP (Mid-Hudson)	340	Ind	\$ 869.34	\$ 28.90	\$ 35.30	\$ 50.90	\$ 63.40	\$ 72.00	\$ 87.30	\$ 93.40
		Fam	\$ 2,024.13	\$ 92.00	\$ 99.60	\$ 141.30	\$ 169.20	\$ 216.80	\$ 245.00	\$ 268.30
MVP (North)	360	Ind	\$ 1,062.59	\$ 104.50	\$ 110.70	\$ 134.80	\$ 148.00	\$ 156.30	\$ 170.50	\$ 176.50
		Fam	\$ 2,460.72	\$ 112.20	\$ 122.00	\$ 171.10	\$ 203.20	\$ 261.20	\$ 295.00	\$ 321.40

Research Foundation for Mental Hygiene, Inc
Health, Dental and Vision Insurance Rates
January 1, 2020 to December 31, 2020

Employee Share	Plan #		Monthly	Biweekly Employee Share						
			Full Share	Below \$30,000	\$30,000 to \$39,999	\$40,000 to \$49,999	\$50,000 to \$62,499	\$62,500 to \$74,999	\$75,000 to \$99,999	\$100,000 and Over

MetLife Vision

Ind	\$6.69	\$1.00	\$1.00	\$1.00	\$1.00	\$1.00	\$1.00	\$1.00	\$1.00
Fam	\$15.70	\$5.50	\$5.50	\$5.50	\$5.50	\$5.50	\$5.50	\$5.50	\$5.50

MetLife Dental

Ind	\$29.12	\$3.25	\$3.25	\$3.25	\$5.25	\$5.25	\$5.25	\$5.25	\$5.25
Fam	\$101.96	\$6.25	\$6.25	\$6.25	\$10.25	\$10.25	\$10.25	\$10.25	\$10.25