

Research Foundation for Mental Hygiene, Inc
Health, Dental and Vision Insurance Rates
January 1, 2021 to December 31, 2021

Employee Share	Plan #		Monthly	Biweekly Employee Share						
			Full Share	Below \$30,000	\$30,000 to \$39,999	\$40,000 to \$49,999	\$50,000 to \$62,499	\$62,500 to \$74,999	\$75,000 to \$99,999	\$100,000 and Over
Empire Plan	001	Ind	\$ 838.22	\$ 26.50	\$ 32.70	\$ 44.90	\$ 59.50	\$ 68.70	\$ 84.30	\$ 91.00
		Fam	\$ 2,071.88	\$ 98.00	\$ 106.40	\$ 149.10	\$ 179.10	\$ 229.80	\$ 259.00	\$ 282.00
Blue Choice	066	Ind	\$ 737.10	\$ 22.40	\$ 27.70	\$ 37.00	\$ 49.00	\$ 57.30	\$ 70.30	\$ 75.10
		Fam	\$ 1,890.60	\$ 89.20	\$ 97.10	\$ 131.10	\$ 156.20	\$ 200.50	\$ 226.70	\$ 246.70
BC/BS of Western NY	067	Ind	\$ 709.70	\$ 22.80	\$ 28.10	\$ 40.30	\$ 53.10	\$ 60.30	\$ 75.80	\$ 79.30
		Fam	\$ 1,741.66	\$ 89.90	\$ 97.70	\$ 137.30	\$ 164.60	\$ 210.60	\$ 237.90	\$ 258.90
CDPHP (Capital)	063	Ind	\$ 784.96	\$ 24.70	\$ 30.10	\$ 38.20	\$ 51.00	\$ 59.10	\$ 73.10	\$ 77.60
		Fam	\$ 1,932.39	\$ 93.80	\$ 101.60	\$ 132.00	\$ 158.20	\$ 201.50	\$ 228.00	\$ 249.50
CDPHP (Central)	300	Ind	\$ 848.89	\$ 28.50	\$ 34.90	\$ 50.30	\$ 62.60	\$ 71.10	\$ 86.20	\$ 92.20
		Fam	\$ 2,045.44	\$ 91.70	\$ 99.30	\$ 140.90	\$ 168.70	\$ 216.20	\$ 244.30	\$ 267.60
CDPHP (Hudson Valley)	310	Ind	\$ 1,035.48	\$ 76.20	\$ 81.80	\$ 100.60	\$ 114.30	\$ 124.70	\$ 139.80	\$ 144.80
		Fam	\$ 2,541.57	\$ 202.30	\$ 211.50	\$ 266.10	\$ 296.00	\$ 346.80	\$ 376.40	\$ 400.00
HIP (Downstate)	050	Ind	\$ 1,056.91	\$ 73.40	\$ 78.70	\$ 96.90	\$ 110.10	\$ 120.10	\$ 134.70	\$ 139.50
		Fam	\$ 2,544.93	\$ 194.70	\$ 203.50	\$ 256.10	\$ 284.80	\$ 333.80	\$ 362.30	\$ 385.00
HIP (Capital)	220	Ind	\$ 1,211.90	\$ 83.30	\$ 89.90	\$ 115.60	\$ 130.10	\$ 139.40	\$ 155.10	\$ 161.70
		Fam	\$ 2,924.66	\$ 219.00	\$ 227.80	\$ 300.10	\$ 330.70	\$ 381.90	\$ 413.50	\$ 437.40
HIP (Hudson Valley)	350	Ind	\$ 1,211.90	\$ 83.30	\$ 89.90	\$ 115.80	\$ 130.10	\$ 139.40	\$ 155.10	\$ 161.70
		Fam	\$ 2,924.66	\$ 219.00	\$ 227.80	\$ 300.10	\$ 330.70	\$ 381.90	\$ 413.50	\$ 437.40

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MetLife Dental

Ind	\$29.12	\$3.25	\$3.25	\$3.25	\$5.25	\$5.25	\$5.25	\$5.25
Fam	\$101.96	\$6.25	\$6.25	\$6.25	\$10.25	\$10.25	\$10.25	\$10.25